

TRUST

"Each person comes into this world with a specific destiny - we have something to fulfill, some message has to be delivered, some work has to be completed. You are not here accidentally--you are here meaningfully. There is a purpose behind you. The whole intends to do something through you."

If you have every seen the lotus flower emerging in her pond, you can't

help but feel its exquisite beauty. The flower is considered pure as she

arises in the morning, untouched by the murky waters where her roots

linger, unfolding her beauty for just a few hours before she retreats again -

while never being touched by the murky waters.

All over the world she stands as a symbol for rebirth, fertility, beauty, purity,

prosperity.

In her spiritual meaning she is considered to represent the wise and

spiritually enlightened quality in a person - the opening of oneself to the

diving truth.

To be able to trust - to loose ones fear - and to know that everything will be

as it comes and when it comes you will be ready to move. Every cell of our

body will move - so why are we afraid?

What are we afraid of ? Things will happen no matter what - and one day

we will leave our body So let's try to not focus on fear but use the

energy to create a content purposeful life , to create beauty - to love and

care for yourself - and to share the love - and trust.

Trust in your process!

During this creative energy you can look at your fears and research its

origin. Try to understand your fear - give it a hug and say "Trust"

Enjoy!

With Love

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